

Cyrenians Mediation and Support Services

Mediation-Support-Workshops

To demonstrate the range of services an understanding of how far upstream we catch a referral is important. The table below outlines the projects within the Cyrenians Mediation and Support Services and demonstrates the stages of Prevention, Pre Crisis, Early Intervention:

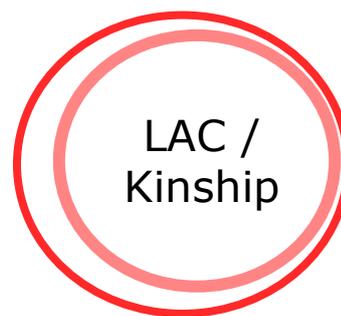
Project	Delivered In	Age:	Stage of Intervention	Service:	Referral Stream:
Looked After and Accommodated / Kinship	Edinburgh	14-16	Prevention	Mediation and support to at risk of becoming accommodated / kinship relation breaking down.	Social Work
Asked to Leave	East Lothian	16- 20	Prevention	Mediation and support to young people at risk of homelessness	Housing Option Team
Amber	Edinburgh	14-24	Pre Crisis	Mediation and support for young people and families	Anyone
	East Lothian	14-24	Pre Crisis	Mediation and support for young people and families	Anyone
Conflict Resolution Workshops	Lothians, Fife, Falkirk and Stirling (BIG) West Lothian (WLC)	14-24	Early Intervention	Skilling up young people in group work sessions to normalise and resolve conflict.	Schools and other youth settings

The Scottish Government prevention guidance describes homelessness prevention as having three main stages¹:

- *Early intervention*: where those potentially at risk are identified and services provided to support the person and their environment before incipient problems or disputes escalate beyond repair;
- *Pre-crisis intervention*: which can take the form of advice services, mediation services, negotiation with landlords to avoid imminent loss of a home and targeted services at known risk points such as those leaving the looked after system, prison or the armed forces;
- *Preventing recurring homelessness*: tenancy sustainment is seen as key to preventing recurring homelessness where there are problems that cannot be resolved by re-housing alone.

¹ Scottish Executive (2007) Evaluation Of Homelessness Prevention Activities In Scotland, Pawson, H, Davidson, E and Netto G.

Our Kinship Care and Looked After project works with young people and families where conflict and relationship difficulties are either increasing the risk of the young person becoming accommodated and/ or where kinship arrangements are either in the process of being created or at risk of breaking down.



As part of the housing options approach to prevent homelessness within East Lothian we offer additional support through a mediation service. We work closely with young people and their families where the young person has been "asked to leave" as a result of relationship breakdown.

With two teams working across Edinburgh, and East Lothian we provide mediation and support to families to help them restore relationships and rebuild communication. We have Personal Advisers who individually support everyone involved and Mediators who facilitate the family finding a positive way forward that everyone agrees to. The Amber model was designed as it recognised that mediation between teenagers and their families was often complex and required a more involved and supportive approach.



Our workshops are designed to increase young people's awareness of conflict and methods they can use to better manage anger. The course is delivered through 6 modules; Getting into Conflict, Thinking About Me, Understanding Other, Meeting in the Middle, Getting Myself Heard, Getting out of Conflict. These modules are flexible and can be adapted to incorporate existing school approaches.