

Job Description

Emotional Health and Wellbeing Lead

Cyrenians' Scottish Centre for Conflict Resolution (SCCR)
This position is currently funded to 31 March 2026, with a view to being extended subject to future funding.

For over 50 years, Cyrenians has tackled the causes and consequences of homelessness.

We understand that there are many routes into homelessness, and that there is no 'one size fits all' approach to supporting people towards more positive and stable futures. That's why all our work is values-led and relationships-based. We meet people where they are and support them towards where they want to be.

Our mission: To tackle the causes and consequences of homelessness through learning from lived experience; by delivering targeted services which focus on prevention, early intervention and support into a home; and by influencing changes in legislation and policy.

Compassion | Respect | Integrity | Innovation

Read more about us and our values here

1 General

Cyrenians Scottish Centre for Conflict Resolution (SCCR) is a national initiative and at the forefront of a progressive and innovative approach to addressing the issues faced by families on a daily basis. The SCCR has been helping to resolve family conflict since 2014.

While the main focus of our work is across Scotland, our digital reach is growing and is now international.

What we do:

- Develop and provide a range of highly regarded and effective multi-media resources to support young people, families and the people who work with them to deal with family conflict.
- Collaborate and work in partnership to bring about positive change for families and young people.
- Support professionals and practitioners across Scotland to improve relationships and lives.
- Develop and deliver training sessions, workshops and events in conflict resolution and associated areas, including emotional health and wellbeing, to meet the needs of young people, parents/carers and professionals.
- Work across all 32 Local Authorities in Scotland, engaging with organisations to: promote models of best practice in mediation; increase awareness of skills and techniques for managing and transforming conflict.
- Develop campaigns based on an integrated communication strategy to raise awareness of the impact of conflict on families and communities and build on Cyrenians' extensive knowledge and experience.
- Ensure robust internal and external evaluation of our work and freely share learning, resources and research findings.

2 Main Aims of the Role

The Emotional Health and Wellbeing Lead was created to ensure that we are able to continue to evolve, share our work and to extend our reach. The postholder will be responsible for taking forward our work with identified target audiences.

The role will deliver on our earlier intervention strategy to tackle youth homelessness and our work to transform the emotional and human cost of conflict.

The postholder will be responsible for maintaining existing - and establishing new - links with partners, collaborators and supporters. The purpose is to promote the wider engagement with the SCCR digital resources, training and events - enabling children and young people to develop skills and confidence to transform conflict and improve relationships, health and wellbeing.

You will also contribute to the development and creation of psychoeducational resources and digital content, and develop and deliver training and events for children and young people, parents / carers and professional / practitioners and volunteers supporting families.

You will be leading on our work with children and young people to ensure their voice and involvement in our work grows and evolves; and linking with our Mediation and Support and youth engagement and participation teams in collaboration with the SCCR team.

This role will also report on progress and undertake primary and secondary research for the purpose of developing the scope and reach of the SCCR's work with children, young people and families, ensuring there is evidence to support its future developments.

3 Tasks and Responsibilities

Workshops

- Lead online and in-person SCCR workshops for children and young people in schools and other youth organisations.
- Work with Trainers to research and develop new workshop content for young people.
- Use PowerPoint, InDesign and/or other relevant tools to create branded resources, training handouts and manuals.

Networking and Relationships

- Increase wider engagement with SCCR by building links and relationships with national and local youth agencies and primary and secondary education.
- Contribute to the delivery of our key messages (and the benefits of our creative approaches) to our users, local authorities, media and other stakeholders.
- Represent the SCCR (and therefore Cyrenians) at relevant public events.

Monitoring and Evaluation

- Ensure collection of feedback from young people during sessions (currently done using Mentimeter).
- Review evaluation data to ensure targets are being met.

- Collate data to produce reports for funders and internal purposes, demonstrating the impact and reach of our workshops for young people
- Review existing research and relevant policies, sharing insights.

Marketing, Communication and Content

- Assist with campaigns to raise awareness of the SCCR.
- Promote the annual conference and contribute ideas for participants.
- Work with Digital Media & Content Manager to improve our marketing of resources and events aimed at young people.
- Assist the Digital Media & Content Manager and Trainers with the production of training pages on our website for young people.
- Recruit young people to give feedback on our resources (e.g. The Three Brains) and contribute to our digital development.

Legislative & Policy Framework

- Ensure our work is aligned with the UNCRC, relevant National Outcomes and Indicators for Scotland, the Curriculum for Excellence and GIRFEC, along with other relevant policies.
- Lead on our work to support children and young people's mental health and wellbeing, in line with the Mental Health Strategy 2017-2027

Travel

The SCCR is a service that covers the whole of Scotland, some of which is difficult to reach by public transport, therefore travelling is involved. A driving licence and access to a vehicle will be required.

4 Person Specification

Essential Experience/Knowledge	 Experience of engaging with children and young people in inclusive and accessible ways Experience of partnership and/or collaborative working with relevant agencies, including education and youth work. Knowledge of policy: UNCRC, GIRFEC, Curriculum for Excellence and National Outcomes for Scotland, Mental Health Strategy. Interest in conflict resolution and a broad understanding of the causes and consequences of youth homelessness. Ability to produce creative training / workshops / events for children and young people.

Essential Skills	 Excellent communication skills with the ability to adapt and ensure accessibility and inclusion. Excellent ICT skills, research, report writing and presentation skills; with a sound grasp of grammar. Attention to detail. Group work, co-production and facilitation skills. Ability to work independently and as part of a team.
Qualifications	 A relevant qualification and/or equivalent professional experience.

5 Terms & Conditions

Employer: Cyrenians

Line Manager: Service Manager, SCCR

Liaison with: Relationships Team and the Mediation and Support service Reporting: Reporting against personal objectives and work plan at

regular one-to-one meetings with line manager

Workplace: Edinburgh-based with travel across Scotland.

Working Hours: 30 hours per week, which may include very occasional evening

and weekend work

Annual Leave 25 d

25 days plus 10 public holidays pro rata

Salary:

£28,759 - £31,595 pro rata (scale points 25-28).

This equates to £23,318 per annum for a 30-hour week at

SCP25.

Driving Licence: A UK driving licence is required.

Pension: Auto-enrolment into Qualifying Workplace Pension Scheme

(QWPS) which is a Group Stakeholder Pension Scheme paid by salary exchange. Current contributions are 5% employee and 3% employer. Option of enhanced Employer contributions to the same QWPS of 6% initially, rising to 9% after 2 years and 12% after 5 years (subject to employee contributions of 6%)

Status: Funded to 31 March 2026 in the first instance

Disclosure: PVG membership (for adults and children) is required

5 Application deadline and Interview dates

Closing date: 12 noon on Monday 7th July 2025

<u>Interview date:</u> Thursday 17th July 2025

Stage 2 date: TBC

Please refer to the Recruitment Information leaflet for further information on completing and submitting your application form.