CYTCRAGANS TACKLING THE CAUSES AND CONSEQUENCES OF HOMELESSNESS

Cyrenians is an Edinburgh-based charity which was established in 1968 to find and implement innovative solutions to ending homelessness locally. We focus on prevention and reaching those at the edge of homelessness, as well as those in crisis and in recovery.

Beyond providing direct support to those experiencing street homelessness, we work to prevent homelessness in the first place by alleviating poverty, tackling food insecurity and providing support to families and young people.

Last year our services supported over 10,800 people and more than 24,000 people visited our services and participated in training and events.



WHAT MAKES US DIFFERENT?

We take a person-centred and values-led approach - but what does that look like? It means that all of our work is informed by the lived experience of those we support. They make the decisions about what they need, and how they are comfortable receiving that support. There's no 'one size fits all' approach to solving homelessness, so we offer personalised support for as long as it takes.

Whether it's helping someone access safe accommodation; working with families to resolve conflicts; or helping young people develop the skills they need to succeed, we meet people where they are, and support them towards where they want to be.

Our vision is of an inclusive society in which homelessness is rare and prevented whenever possible, and where everyone has a chance to live a valued and fulfilling life.

IN THE LAST YEAR:

Our residential communities provided a home to **over 70 people,** including **44 young people**

300 people attended our activities for those in recovery from alcohol and other drugs **114 young people and their families** benefitted from mediation to help them manage conflict in the home

We supported **431 young people** to continue in education, gain qualifications or further skills and grow their confidence

We ensured that 171 people

leaving hospital who might otherwise have been homeless were found suitable accommodation We distributed over **2 million meals** through our network of community food members

SOME OF THE WAYS WE HELP



Safe, supported accommodation in our Communities



Supporting access to healthcare and wellbeing services



Building community and nurturing relationships



Supporting young people and their families to deal effectively with family conflict



Providing dignified access to high quality food along with cooking skills courses



Helping those who are out of work with training and support on their journey to employment

THE DIFFERENCE £3000 COULD MAKE

£3,000 would make a huge difference in the lives of some of the most isolated and marginalised people in our society. We could:

Give 60 low-income families struggling with conflict a day out to spend together as a family, away from the pressures of home



Provide 200 people with with clean clothes, toiletries and other essentials after being admitted to hospital, so they have one less thing to worry about while getting better





Provide access to our budgeting and cooking skills classes for 60 people learning to live independently for the first time